



PRINCIPAL'S MESSAGE

Can you believe we only have eleven Mondays left in the school year? Even though we are seeing many of our students grow academically this year, it is important for your child to be at school every day ready to learn and gain the knowledge and skills needed to progress to the next grade level. We have a lot of teaching and learning that needs to occur before the end of the year. The 3rd Quarter will end on March 28th, and report cards will be sent home on Monday, April 4th. Please sign the report card envelope and return it to school. Some parents will be invited for an additional academic conference if your child is in danger of repeating their grade level. There will be a letter sent home prior to the conference informing you about a conference; we will allow our parents to select a phone conference or in-person conference.

There are some wonderful activities coming in the month of March. On March 17th, students will be allowed to wear a green shirt with their uniform pants for St. Patrick's Day. Also, the SCP Arts Festival is scheduled for Saturday, March 19th at the PLC; our first graders will be performing at this event. More information will come home at a later time. We hope that March is a lucky month for you!

Lisa Perrin

Principal

MISSION

Allemands Elementary School is committed to building the foundation of lifelong learning for all students in a safe, respectful environment.

VISION

The faculty of Allemands Elementary School embraces the education of all students as a top priority by providing a positive foundation for success to prepare students to meet the challenges within the changing society of the 21st century. There is a commitment from stakeholders to help all students to become college and career ready creating lifelong learners. Our school provides a safe, stimulating, atmosphere that is created through respect for self, others, and our environment. Actively engaged students aspire to reach their full potential, reflecting the high expectations among our faculty, family and community.

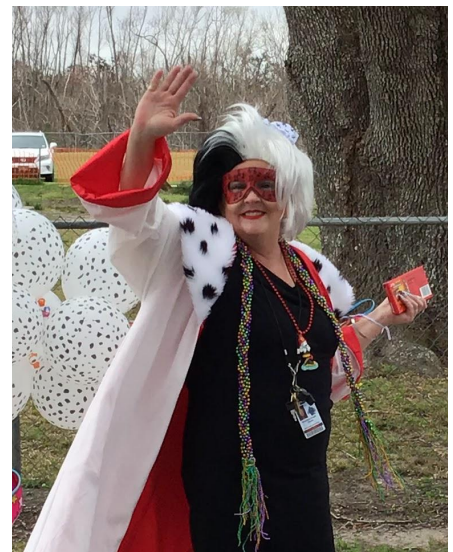


LET'S MAKE DREAMS COME TRUE



Krewe of Catfish Parade

We would like to thank the amazing parente, guardians, grandparents, and community members who helped us decorate our 1st grade floats. Once again, we want to thank Mr. Matherne for his help to build the floats, and the PTA for their purchase of the parade shirts and cost of the floats. It was a wonderful event for all. If anyone has feedback for our school, please email us at lperrin@stcharles.k12.la.us



UPCOMING EVENTS

March

- | | |
|------|---|
| 9th | Playgroup @ 10:00 in Family Center

PTA Board Meeting, virtual & in Family Center @ 1:00
Zoom Meeting Link:
https://us06web.zoom.us/j/93824317679?pwd=M3I0NDICdXZaYTd3L3VXcGhvV2NUQT09 |
| 11th | Community Morning Meeting @ 9:15 |
| 16th | Playgroup @ 10:00 in Family Center
STEAM Night @ 6:00 pm |
| 17th | Green shirt day
District Art Show @ 5:30 pm |
| 19th | Artsfest @ LPAC |
| 23rd | Playgroup @ 10:00 in Family Center |
| 28th | End of Quarter 3 |
| 29th | SIP Stakeholder Meeting @ 8:45 in Family Center
All are welcome Contact ckillian@stcharles.k12.la.us to attend |
| 30th | Playgroup @ 10:00 in Family Center |



Newsletter Delivery

As part of our efforts to embrace technology, take care of our environment, and monitor spending, we will have an electronic newsletter delivery. Allemands Elementary will deliver the monthly school newsletters via email. Additionally, the school newsletter will be posted to the school's web page. If you would like a printed copy of the school newsletter, please notify Lakia Butler at lbutler@stcharles.k12.la.us and a copy will be sent home each month with your child. Thank you.

Calendar Revisions

The district calendar has been revised due to Hurricane Ida. You can find the updated calendar at <https://www.stcharles.k12.la.us/domain/2866>

SIP Stakeholder Group

We are looking for parents, grandparents, and community members to work with us! Our School Improvement Team wants to hear your voice in regards to making improvements to our school. Each month we will hold a meeting with the group of stakeholders to talk about activities and initiatives as well as hear concerns. These meetings are in-person and will last 30-45 minutes. We recommend wearing a mask for the meeting. Our next meeting is on March 29th at 8:45. At the last meeting, we reviewed our plan to host events as we safely open up school and discussed adding bands to know who can attend. If you are interested in being a part of this group, please contact Chellie Killian at ckillian@stcharles.k12.la.us.

District Young Authors Winners

First Place: Aaron Swaim, Anthony Hernandez

Second Place: Makiah Williams, Vivienne Falcon, Edalie Sternberger, Carson Todd, Jace Staski

Third Place: Charlee Rawls, Brantley Troxler, Vivienne, Falcon, Edalie Sternberger

Parent Survey

Two-way communication and feedback are important to our schools and the district as we identify opportunities to improve. Parents are being asked to participate in a survey between March 7-18 as one method of gaining feedback from all stakeholders. The survey results will enable our school leaders to identify areas of improvement focused on student achievement and school and district effectiveness.

The online parent survey can be accessed at

<https://www.surveymonkey.com/r/22SCPPSParentSurvey>.

Please contact the School Board Office's Technology Help Desk at 985-785-3126 with any questions you may have. Your cooperation and support in completing the survey will be greatly appreciated!



Family Floats

Thank you to everyone who helped their child create a shoebox float. Everyone enjoyed looking at them around the library.



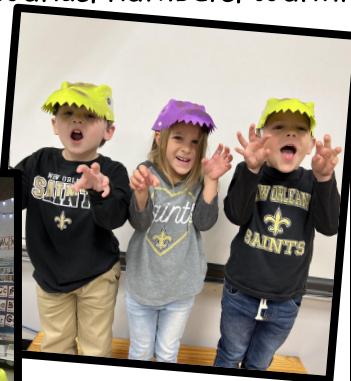
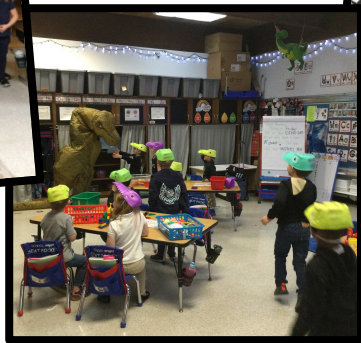


OUR LEARNING



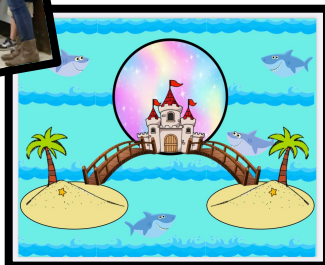
pre-k

- During our unit "Giants," Pre-K has been learning all about measurement, using comparative language, and categorizing. We have enjoyed reading about dinosaurs, nature's giants, and man-made giants. At the end of our dinosaur week, we dressed as dinosaurs and enjoyed a virtual field trip to the Smithsonian Museum of Natural History where we participated in a webinar with a real paleontologist. A T-Rex also showed up to class!
- We are continuing to work on developing all the essential skills needed before Kindergarten like letter identification, sounds, numbers, counting, and much more.



kindergarten

- During our Skills Strand, we are reading our first reader, Kit. These stories have decodable and tricky words. Remember to point under the words while reading, read tricky words by sight, and sound out unknown words!
- In writing, we are working on writing the sounds that we hear in words to tell a complete sentence. Our sentences match our pictures and tell about a topic.
- In our Knowledge Strand, we have just finished learning about farms. Students loved celebrating their learning on our Farms Day. We are now learning about kings, queens, and royal families.
- In Math, we are decomposing numbers to 10. We are using number bonds, pictures, and number sentences to show how we are breaking apart numbers.
- When decomposing numbers, we use a number bond to tell imaginative stories. See our picture of our two islands (our parts) and the bridges leading to our celebration castle (the whole number). Have your child tell stories using numbers and a number bond!





OUR LEARNING

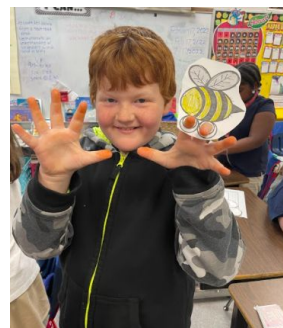


first grade

In the month of March, our first graders are continuing to build their knowledge in all subjects. In Skills, we are learning to read and write words multi-syllabic words and words that end in -ed. We started a new reader, Kate's Book This is a fiction reader. Have your child discuss the story read in class with you. You can help by asking about the characters, setting, and major events. In Knowledge, we have enjoyed learning about Astronomy. We will move into learning about The History of the Earth. To learn more, check out a book at your local library and add it to your reading log. Your student is learning about place value within 40, comparing numbers within 40, and adding within 40. Please continue to complete the nightly homework to support your child with the skills we are learning. Please continue to remind your child of the importance in showing CARES throughout our learning day!

second grade

As we enter the third quarter of school, it is extremely important to continue supporting your child at home. Be sure to have your child read and retell in sequential order nightly. Require your child to write legibly and to continue practicing math fact strategies when solving facts. Remember to review your child's homework after he or she completes it. Have them proofread their responses for correct spelling, grammar, and punctuation. In math, students will continue to use math strategies to problem solve and add and subtract within 1,000. In our last Knowledge Domain students learned about insects. Ask your child what they learned. Reading and writing will continue to be integrated during our Domain lessons about the human body. Students will write informational writings related to information from texts they read. Working together, we can "march" into a successful month of teaching and learning.



ENRICHMENT

Librarian's

Letter

Thank you for helping us to have a successful book fair! Money raised from the sale will go towards buying new books for the library and purchasing reading program prizes.

Remember to participate in our school wide reading program:

Finley's Fin-tastic Fishies!

Please read the letter on the back of the reading log to learn how the reading program works.

Blank reading logs can be found online at:

<https://www.stcharles.k12.la.us/Page/15936>

PreK and Kindergarten students who read 100 books, 1st graders who read 200 books, and 2nd graders who read 300 books will be recognized on a bulletin board.

Happy Reading! Love,

Ms. Lacey, librarian

COUNSELOR'S corner

Let's be bucket fillers!

"A bucket filler is a caring, loving person that does or says nice things.

You feel a bucket when you show love to someone, when you say or do something kind, or even when you give someone a smile. When you're a bucket filler, you make your home, your school, and your neighborhood better places to be. Bucket feeling makes everyone feel good."

Have You Filled a Bucket Today?

By Carol McCloud

Lori Hogan, School Counselor

French FUN

Bonjour! Happy Spring! We will be learning some spring related vocabulary this month, along with some St. Patrick's Day vocabulary.



A Note from the Family Center



Playgroups will be held weekly on Wednesdays at 10:00.

Please contact Annie Francioni, afrancio1@stcharles.k12.la.us if you have any questions!

How Can You Get Involved and Be An Advocate For Your Child:

- **Ask questions.**

If something concerns you about your child's learning or behavior, ask the teacher or principal about it and seek their advice. Your questions may be like these – What specific problem is my child having with reading? What can I do to help my child with this problem? How can I stop that bully from picking on my son? How can I get my child to do homework? Which reading group is my child in?

- **Learn about your rights.**

It's important to know what your rights are as the parent regarding special services, English instruction, immigration status, and more.

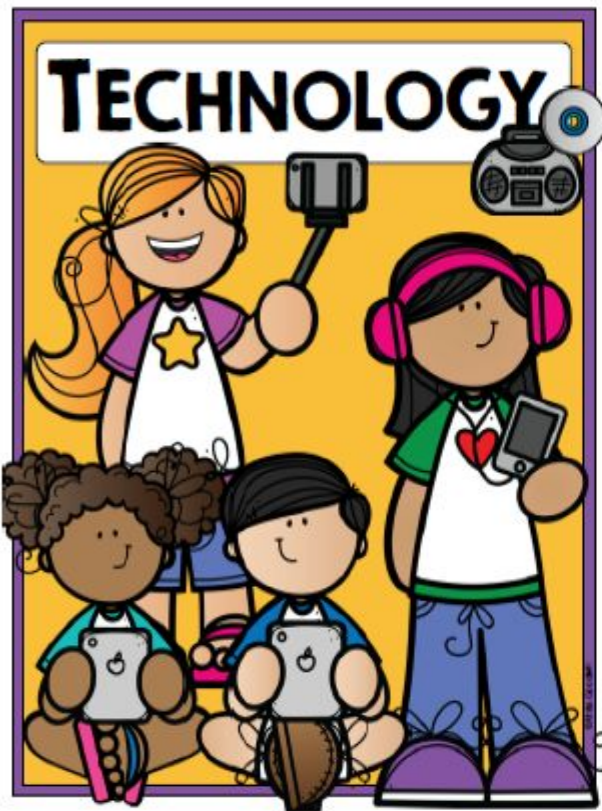
- **Let the school know your concerns.**

Is your child doing well in school? Is he or she having trouble learning, behaving, or studying? Is there a problem with another student, teacher, or administrator?

Manténgase informado y apoye a su hijo

- **Haga preguntas.** Si algo le preocupa acerca del aprendizaje o comportamiento de su hijo, pregúntele a la maestra o al director sobre dicho comportamiento y busque asesoría. Sus preguntas pueden ser como las siguientes: ¿Qué problemas específicos tiene mi hijo con la lectura? ¿Qué puedo hacer para ayudar a mi hijo con este problema? ¿Cómo puedo evitar que otros niños intimiden a mi hijo? ¿Cómo le puedo ayudar a mi hijo a hacer las tareas? y ¿A qué grupo de lectura pertenece mi hijo?
- **Aprende sobre sus derechos como.** Es importante saber que sus derechos como padre son con respeto a la inmigración, servicios especiales, la instrucción de inglés, y más.
- **Informarle a la escuela lo que le preocupa.** Si su hijo tiene un problema con los estudios, el comportamiento, o con otro estudiante, maestro o administrador.

STEAM Article of the Month



Technology is the "T" in STEAM! We know that technology is always growing and changing! Providing your child with engaging activities through the use of technology is ideal. Through the use of technology, children can build, explore, innovate, discover, observe, question, understand, verify, think, wonder, and gain knowledge! Have fun exploring the websites below:

Funology: www.funology.com

This website has crafts, recipes, jokes, trivia, games, magic, and science experiments. How fun!

Kids Science Challenge: www.kidssciencechallenge.com

Students can explore with hands-on activities, games, videos, and scavenger hunts.

Nasa Space Place: <https://spaceplace.nasa.gov/>

Students can explore the universe with games, crafts, activities, and videos. The universe is the limit!

Weather Exploring: www.weatherwizkids.com

Meet meteorologist Crystal Wicker. This interactive website explains everything about the weather. There are fun facts, games, flashcards, photos, and weather experiments. Also, get answers to your meteorological questions!

SCP Trash Bash

WPA Road is a little cleaner today thanks to the Allemands Catfish Cleanup Crew that participated in the 2022 Trash Bash for St. Charles Parish!!!!



PTA NEWS

The PTA is working very hard to help our students have amazing school experiences. They will provide \$500 to each grade level to defray the cost of the transportation for upcoming field trips.

Field Trip!



Please welcome our updated PTA Board. They meet once a month and would love to have your participation.

President, Amanda Martin
Vice President, Laura Brown
Secretary, Celeste Matherne
Treasurer, Erica Dufrene
School Liaison, TBA

Grade Representatives:
Vanessa Camarata
Danielle Berthelot
Kelli Finstad
Tongla Turner
Megan Hammett
Jodie Matherne
Krissy Hebert
Chelsea Sassin
Kelly Madere
Katie Foster



AES

Catfish Character Traits

Our School Improvement Team has designated a character trait each month to teach the Essential 11 Traits each week. In addition, the PTA will support our school by sending home a family activity to practice this trait. In March, we will focus on teamwork. Our teachers will read the book, City Green by Anne DiSalvo-Ryan. Our weekly Essential 11 Traits are:

- Good Sportsmanship
- Accept Mistakes
- Equity/ Fairness
- Friendship

Let us know if your child shows this character trait at home or the community by returning the information below. We will read it during the announcements to celebrate your child!

Student Name: _____

What did he/she do to show cooperation in your home or the community?

Nurse Notes

7 Habits of Heart-Healthy Kids

In a culture that is inundated with unhealthy habits and foods, it can be an enormous challenge for parents to instill in their children a good sense of healthy habits. Although it may be impossible to completely avoid fast food, there are plenty of choices that you can make as a family to promote better heart health in your kids.

To teach your children positive habits that will protect them from many forms of heart disease, try adopting some of the following habits.

1. Turn off the TV.

Don't let your kids fall into the pattern of endlessly watching TV. If they spend all their time watching TV and sitting in front of the computer now, they'll do the same thing as adults. Set a time limit for the TV or the computer for each day, and then encourage kids to play outside or engage in other activities.

2. Develop a dinnertime routine.

If dinner is a family event each evening, kids are less likely to snack throughout the afternoon on less healthy foods. Make a habit of sitting down to eat together so that kids expect a hearty meal at the end of the day.

3. Get some exercise as a family.

Instead of going to see a movie, take a hike! Go on a bike ride around the neighborhood or play a game of soccer. Group activities are a great way to make sure that kids get plenty of exercise so that they have strong hearts.

4. Assign active chores.

If you’re having trouble thinking of ways to get your kids off the couch, ask them to attend to chores that require activity. Send them out to wash the car, rake leaves, or mow the lawn.

a healthy-heart not only now, but also as adults.

*information obtained from greenhillspeds.com

5. Serve heart-healthy foods.

Offer your kids meals that include some of the best heart-healthy foods, such as salmon, whole grains, fresh veggies, and nuts. If they become used to eating these foods as children, they’ll be much more likely to make good diet choices as adults.

6. Avoid fried, fatty foods.

This one is a no-brainer. Whenever possible, keep your children from eating any kind of fast food, especially if it has the word “fried” in the name.

7. Teach kids to read labels.

Train your kids to learn about their food before they buy it so that they know what to look for and what to avoid. Reading labels will make them much more conscious of their diet for the rest of their lives.

Following these easy tips will help your children keep a healthy-heart not only now, but also as adults.

*information obtained from greenhillspeds.com



Melissa Schexnaydre, RN

School Nurse

RJ Vial

Allemands Elementary

Elementary Menus

March 2022

St. Charles Parish
Public Schools

This institution is an equal opportunity provider. Menus are subject to change.

PLEASE TAKE ME HOME!

Potatoes deliver vitamin C, fiber, and plenty of vitamins and minerals ... and all for only 110 calories (per medium potato) and zero fat. But we mostly eat deep-fried fast food french fries, which just deliver lots of fat calories. Try to eat more potatoes that start out in your kitchen, looking like actual potatoes!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Tintinnabulation

"Tintinnabulation" is a long and beautiful word that describes the sound of a bell ringing.

Word play



MARDI GRAS HOLIDAYS

TUESDAY, MAR. 1

WEDS, MAR. 2

We'll see you on
Thursday,
March 3rd!

Thursday, March 3

Breakfast

Pop Tarts or Cereal Bars
Cereal w/ Cheese Stick
Yogurt w/ Gripez
Fruit or Juice Choice

Lunch

Bosca Snacks
Marinara Sauce Cup
Baked Beans
Pears

Friday, March 4

Breakfast

Muffin Choice
Cereal w/ Cheese Stick
Yogurt w/ Gripez
Fruit or Juice Choice

Lunch

Chicken Tenders
Crinkle Cut Fries
Green Beans
Mixed Fruit

Thursday, March 10

Breakfast

Sausage Biscuit
Cereal w/ Cheese Stick
Yogurt w/ Gripez
Fruit or Juice Choice

Lunch

Baked Chicken Legs
Mashed Potatoes
Green Beans
WW Roll
Pineapple Tarts w/ Cherries

Wednesday, March 9

Breakfast

St. Charley Cinnamon Roll
Cereal w/ Cheese Stick
Yogurt w/ Gripez
Fruit or Juice Choice

Lunch

Chicken & Sausage
Jambalaya
Broccoli Florets
Garden Salad
Garlic Bread, Banana

Tuesday, March 8

Breakfast

Chicken Biscuit
Cereal w/ Cheese Stick
Yogurt w/ Gripez
Fruit or Juice Choice

Lunch

St. Charley's Chili w/ Cheese
Tortilla Chips
Garden Salad
Steamed Corn
Apple Wedges

Monday, March 7

Breakfast

Powdered Donuts
Cereal w/ Cheese Stick
Yogurt w/ Gripez
Fruit or Juice Choice

Lunch

Red Beans w/ Ham
Steamed Rice
Seasoned Mustard Greens
Steamed Carrots
Biscuit, Applesauce

Friday, March 11

Breakfast

Biscuit Sticks
Cereal w/ Cheese Stick
Yogurt w/ Gripez
Fruit or Juice Choice

Lunch

Mini Corn Dogs
Baked Beans
Celery & Carrot w/ Ranch Dip
Orange Wedges



DON'T FORGET TO SPRING FORWARD ON MARCH 13!



What's on YOUR plate?



What's the only
common vegetable
that's only sold
fresh – never
canned, frozen,
cooked, or
processed
in any
way?



Learn more at www.choosemyplate.gov or
<http://eatwellschool.org/healthy>

Monday, March 14
Breakfast
Grits & Sausage
Cereal w/Chesse Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Chicken Alfredo Casserole
Broccoli Florets
Carrots
Mixed Fruit

Tuesday, March 15
Breakfast
Chicken Biscuit
Cereal w/Chesse Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Popcorn Chicken
Baked Beans
Potato Salad
WW Roll
Pear Half w/Cherry

Wednesday, March 16
Breakfast
St Charley Cinnamon Roll
Cereal w/Chesse Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Potato Soup
Garden Salad
Banana
Garlic Biscuit Stick

Thursday, March 17
Breakfast
Sausage Biscuit
Cereal w/Chesse Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Shepherd's Pie
Steamed Broccoli Florets
WW Roll
Applesauce

Friday, March 18
Breakfast
Fresh Donut
Cereal w/Chesse Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Fresh Hot Pizza
Marinara Sauce
Garden Salad
Fruit of the Month
Brownie w/Icing

Monday, March 21
Breakfast
Pancakes
Cereal w/Chesse Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Chicken Parmesan w/Pasta
Mixed Veggies
Peas
Pineapple Tidbits w/Cherries

Tuesday, March 22
Breakfast
Chicken Biscuit
Cereal w/Chesse Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Soft Tacos
w/Turkey Taco Meat
Steamed Corn
Taco Salad Cup, Cheese Cup
Apple Wedges

Wednesday, March 23
Breakfast
St Charley Cinnamon Roll
Cereal w/Chesse Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Turkey Stew
Steamed Rice
Sweet Potatoes
Steamed Cabbage
Banana

Thursday, March 24
Breakfast
Sausage Biscuit
Cereal w/Chesse Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Sweet Chili Thai
Lo Mein Noodles
Stir Fry Veggies
Asian Chopped Salad
Mandarin Oranges

Friday, March 25
Breakfast
Chicken Waffle Bites
Cereal w/Chesse Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Bisco Sticks
Marinara Sauce Cup
Baked Beans
Orange Wedges

Monday, March 28
Breakfast
Pop Tarts or Cereal Bars
Cereal w/Chesse Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Chicken Tenders
Waffles w/Syrup
Green Beans
Carrots
Sliced Peaches

Tuesday, March 29
Breakfast
Chicken Biscuit
Cereal w/Chesse Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Orange Chicken
Fried Rice
Broccoli Florets
Asian Chopped Salad
Tropical Fruit

Wednesday, March 30
Breakfast
St Charley Cinnamon Roll
Cereal w/Chesse Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Fish Sticks
Macaroni & Cheese
Baked Beans
Cucumber & Tomato Salad
Banana

Thursday, March 31
Breakfast
Sausage Biscuit
Cereal w/Chesse Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Turkey Sausage Gumbo
Steamed Rice
Potato Salad
Garden Salad, Crackers
Apple Wedges

I am the letter
Z



zebra